



Associazione Italiana Chirurgia Plastica Estetica

4<sup>TH</sup> PAN-EUROPEAN

LIVE SURGERY

# ADVANCED BREAST PLASTIC SURGERY COURSE

MASTERCLASS IN BREAST AESTHETICS  
AND TECHNICAL INNOVATIONS



23-24 OCTOBER 2026

PALERMO (Mondello) - ITALY

Splendid Hotel La Torre, Via Piano di Gallo 11

COURSE DIRECTORS

Egidio Riggio

Giovanni Zabbia

LIVE SURGERY

Patrick Mallucci

Mario Pelle Ceravolo

Fondazione IRCCS  
Istituto Nazionale dei Tumori

Sistema Socio Sanitario  
Regione  
Lombardia

A.N.I.S.C.  
Associazione Nazionale Italiane Senologi Chirurghi

ESAPS  
EUROPEAN SOCIETY  
OF AESTHETIC PLASTIC SURGERY



## PRELIMINARY FACULTY



Claudio Bernardi  
Roma



Francisco Bravo  
Madrid



Pier Francesco Cirillo  
Roma



Adriana Cordova  
Palermo



Abel De la Peña  
Mexico City



Patrick Mallucci  
London



Alessandro Masellis  
Palermo



Mario Mendhana  
Porto



Nahid Nafissi  
Teheran



Marc Pacifico  
Tunbridge Wells



Carlos Parreira  
Lisbona



Andrea Paternostro  
Torino



Mario Pelle Ceravolo  
Roma



Alberto Rancati  
Buenos Aires



Egidio Riggio  
Milano, Palermo



Marzia Salgarello  
Roma



Antonio Tejerina  
Madrid



Paolo Vittorini  
Roma



Giovanni Zabbia  
Palermo



## WELCOME

It is with great pleasure that we present the 4th Pan-European Interactive Course in Advanced Breast Plastic Surgery – Masterclass in Breast Aesthetics and Technical Innovations, which will take place in Palermo in October 23–24, 2026, at the Hotel Splendid La Torre, in the beautiful setting of the Gulf of Mondello.

Following the success of the past editions that attracted many colleagues from Italy and abroad with an ever-growing interest in the interactive approach of the course, this new edition will focus on surgical innovations and emerging technique in aesthetic breast surgery.

New techniques, basic knowledge of plastic reconstructive principles, evolution of devices, and the integration of advanced digital and imaging tools are redefining the boundaries of breast aesthetic surgery. Deep comprehension of the surgical anatomy, personalized planning, and close attention to the patient care and safety remain the cornerstones for achieving balanced and long-lasting results.

Being organized in two days of in-depth sessions and including live surgery, the program of this 4th Palermo Breast will offer extensive opportunities for close interaction with international experts, interactive discussions, and real-case analyses. The goal is to provide participants with a comprehensive up-to-date overview of the most modern trends in breast surgery within a dynamic, high-level educational environment.

As in the past, the course is organized by AICPE, with the endorsements of ANISC, ESAPS, SICPRE and ISTITUTO DEI TUMORI under the patronage of the University of Palermo and Foundation Istituto Nazionale dei Tumori di Milano, and the Sicilian Regional Government. We look forward to welcoming you to Palermo for two days of educational and professional growth, scientific exchanges of ideas and skills, in an atmosphere of scientific excellence and collegial friendship, in an enchanting venue of the Mediterranean sea and beach view.

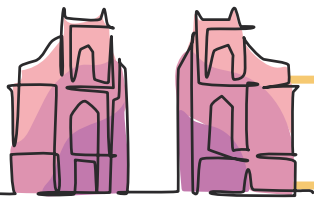
Egidio Riggio  
Giovanni Zabbia

### Scientific Committee

Mario Pelle Ceravolo, Egidio Riggio, Giovanni Zabbia

### Organizing Committee

Egidio Riggio, Giovanni Zabbia, Enzo Mannino,  
Alessandro Masellis



FRIDAY 23 OCTOBER

10:00-11:00 Workshop 1  
11:15-11:45 Workshop 2 Liguriamed  
12:00-13:00 Workshop 3

13:00-14:30 **START OF ECM ACCREDITED PROGRAM**  
Registration of participants

14:30-14:40 **Opening Ceremony:** course presentation  
**E. Riggio, G. Zabbia**

- Authority Greetings
- AICPE President: **P. Vittorini**

14:40-14:55 Discussion of the “3<sup>rd</sup> Pan-European Course 2025” surgical cases  
Results one year later

Chairman: **C. Bernardi, P. Vittorini**  
Case presentation  
Residents  
Discussants: **M. Pelle Ceravolo, E. Riggio, G. Zabbia**

Q&A

14:55-15:20 Live surgery cases presentation and surgical planning discussion

Chairman: **M. Pelle Ceravolo, A. Masellis**

- First Surgical Case  
Resident: **L. Piva**  
Discussants: **P. Mallucci, E. Riggio**  
Q&A
- Second Surgical case  
Resident:  
Discussants: **P. Mallucci, G. Zabbia**  
Q&A

15:20-16:45 **BREAST I: NEXT-GENERATION TECHNIQUES IN AUGMENTATION/PEXY/REDUCTION**

Chairmen: **F. Bravo, A. De La Pena, P.F. Cirillo**

15:20-15:35 Augmentation Mastopexy: an algorithm for a great result in challenging Surgery  
**C. Parreira**

15:35-16:50 The BREAST NET - external pocket control using the haemostatic net  
**M. Pacifico**

16:50-16:05 L-Scar Freehand Mastopexy with Upper Pole Autoaugmentation Turnover. Flap  
**F. Bravo**

16:05-16:20 Scarless breast reduction  
**A. De La Pena**

16:20-16:35 Next-gen techniques in aesthetic breast surgery  
**P. Mallucci**

16:35-16:45 Discussion

16:45-17:00 **Keynote Lecture:** “Inverted-T scar, old fashion or still a gold standard?”  
**A. Rancati**

17:00-17:30 **Coffee break**



**17:30: 18:30 BREAST II: MULTIFACETED APPROACHES IN ONCOPLASTIC SURGERY - IMPROVING THE AESTHETICS OF THE BREAST**

Chairmen: **A. Cordova, C. Parreira, A. Rancati**

17:30-17:45 Key Concepts for achieving an Aesthetic Breast by composite reconstruction

**A. Tejerina**

17:45 -18:00 LICAP flap in small to medium breast sizes

**N. Nafissi**

18:00-18:15 Pre Pectoral breast reconstruction in challenging patients: from large ptotic breast to the skinny patient

**M. Salgarello**

18:15-18:30 Aesthetic aspect in breast reconstructive surgery

**G. Zabbia**

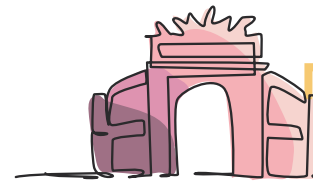
18:30-18:40 Discussion

18:40-18:55 **Keynote Lectures:** The digital Body: how AI & Social Media reshape expectations in Breast Surgery

**A. Paternostro (Adjunct Professor of Digital Marketing & AI)**

18:55-19:00 Closure

**E. Riggio G. Zabbia**



SATURDAY 24 OCTOBER

8:00 Opening session and introduction of the 2nd day  
**P. Vittorini**

8:15-10:45 **Live surgery: session 1**  
Chairmen: **P. Vittorini, M. Mendhana**

- Surgical Team: **P. Mallucci, E. Riggio**
- Special Guest: **M. Pelle Ceravolo**
- Start Live Surgery
- Questions & Answers

**BREAST III: INTERSURGERIES PRESENTATIONS**

Composite Breast Augmentation: A complete approach  
**M. Mendanha**

Polyurethane-coated implants in aesthetic breast surgery: pearls to success

**M. Salgarello**

Key Concepts in Tuberosus Breast Deformity Management  
**F. Bravo**

10:45-11:15 **Coffee Break**

11:15-13:30 **Live surgery: session 2**  
Chairmen: **P.F. Cirillo, A. Tejerina**

- Surgical Team: **P. Mallucci, G. Zabbia**
- Special Guest: **M. Pelle Ceravolo**
- Start Live Surgery
- Questions & Answers

13:30-14:30 **Lunch break**

**14:30-15:30 BREAST III: EVOLUTION OF COMPOSITE APPROACHES IN AESTH BREAST SURGERY**

Chairmen: **C. Bernardi, M. Mendhana, M. Salgarello**

14:30-14:45 Composite Breast Augmentation  
**A. Rancati**

14:45-15:00 Dynamic Hybrid BA: Achieving Cleavage, Natural Shape and Movement in Breast Surgery  
**F. Bravo**

15:00-15:15 Implant versus fat grafting: the different surgical strategies in tuberous breast deformity  
**M. Salgarello**

15:15-15:30 Discussion

**15:30-16:30 BREAST IV: HOW TO MANAGE THE INFRAMAMMARY FOLD IN AUGMENTATION**

Chairmen: **M. Pacifico, A. Tejerina, P. Vittorini**

15:30-15:45 Managing the inframammary fold in breast implant surgery  
**M. Pacifico**

15:45-16:00 The relation IMF-Nipple in breast augmentation: my Zenith System  
**E. Riggio**

16:00-16:15 "PAR - Pull and Rotate" maneuver: an anatomic approach to defining the IMF  
**M. Mendanha**

16:15-16:30 Discussion

**16:30-17:15 BOXING RING: EPIPECTORAL VS. SUB-PECTORAL BREAST AUGMENTATION**

Referee: **P.F. Cirillo, P. Mallucci**

Speaker: **A. Rancati**

Discussant: **M. Pelle Ceravolo**

Interactive Audience Participation

**17:15-17:45 Coffee Break**

**17:45-19:30 BREAST V: REVISION BREAST SURGERY: CHALLENGES AND INNOVATIVE SOLUTIONS**

Chairmen: **C. Bernardi, F. Bravo, A. De La Pena**

17:45-18:00 Rebuilding the periprosthetic pocket in secondary surgery  
**P. Vittorini**

18:00-18:15 Capsular grafts: turn your worst enemy into your best friend  
**M. Pelle Ceravolo**

18:15-18:30 Explantation or Implant replacement: New trends in Breast Surgery  
**C. Parreira**

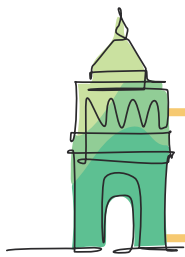
18:30-18:45 Is it possible to downsize implants without a mastopexy  
**A. De La Pena**

18:45-19:00 Explantation and mastopexy - optimising outcomes  
**M. Pacifico**

19:00-19:15 Challenges and innovative solutions  
**P. Mallucci**

19:15-19:30 Discussion

19:30 Closing session  
**E. Riggio, G. Zabbia**



## REGISTRATIONS

VAT included

|                                       | 31 July  | 1 August |
|---------------------------------------|----------|----------|
| AICPE-ANICS-SICPRE Members -residents | € 244,00 | € 305,00 |
| Non Members - residents               | € 305,00 | € 366,00 |
| AICPE-ANICS-SICPRE Members            | € 427,00 | € 488,00 |
| Non Members                           | € 549,00 | € 610,00 |

The fee includes participation in the entire course, conference kit, and catering services.

The training event is reserved for a maximum of 100 participants.

To register, visit <https://ems.mzevents.it/start/2513/eng> or the official website <https://abps.aicpe.org/>

By following the instructions, you can complete the registration and make the payment via credit card or bank transfer.

Registrations will be automatically accepted on a first-come, first-served basis until all available spots are filled.

Registrations without the corresponding payment will not be accepted.

## ECM

Provider ECM: MZ Events srl

ID Evento: 966 - in fase di accreditamento

L'evento è riservato ad un massimo di 100 partecipanti.

All'evento sono stati attribuiti xx crediti ECM per le seguenti figure professionali: Medico Chirurgo specializzato in Chirurgia Generale, Chirurgia Plastica e Ricostruttiva, Chirurgia Toracica e Ginecologia.

L'obiettivo formativo è: 18 - Contenuti tecnico-professionali (conoscenze e competenze) specifici di ciascuna professione, di ciascuna specializzazione e di ciascuna attività ultraspecialistica, ivi incluse le malattie rare e la medicina di genere.

Ricordiamo che per avere diritto ai crediti formativi ECM è obbligatorio: frequentare il 90% delle ore di formazione, sostenere e superare la prova di apprendimento a domande a risposte aperte e compilare il questionario di valutazione online dell'evento. Il certificato riportante i crediti ECM sarà generato online se il test avrà esito positivo.

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Live surgery realizzata con il supporto di



### SOCIAL DINNER

Friday 23 October H 21:00

Palazzo Asmundo, Palermo  
€ 120,00

It will take place in Palermo, in a beautiful historical palace in the oldest and most fascinating part of the town.



Associazione Italiana Chirurgia Plastica Estetica

**Organizing Secretary  
AICPE**

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